

Privacy

All information you share with your therapist remains confidential under the terms of the Privacy Act

Personal information about your diagnosis, treatment and progress will be shared with your referring doctor

You may invite friend/family members to attend appointments with you

With your consent your therapist may invite a colleague to observe your appointment.

Payments

Fee Concessions available to Seniors, Pensioners, Health Care Card Holders and full time students

Your consults are to be paid in full on the day

You are responsible for arranging payment

HICAPS is available and most major credit cards are accepted

If the insurance company does not accept the claim, you are responsible to arrange another method of payment

Non Attendances & Cancellations

You may be charged the following fees for Non-attendances & Cancellations

30min Appt with less than 24 hours notice \$30

60min Appt with less than 48 hours notice \$60

Woodcroft Clinic

Shop 1/ 10-12 Sherebrooke Blv

Opening Hours Physiotherapist

MON CLOSED

TUE 8am— 6pm Rachael Beck

WED 8am— 5pm Rachael Beck

THUR 8am—6pm Rachael Beck

FRI 8am— 5pm Angela Pfitzner

SAT 9-am- 2pm Michelle Nangle

St Marys Clinic

Health on Daws

135 Daws Rd

Opening Hours Physiotherapist

WED 8am— 5pm Michelle Nangle

FRI 8am— 5pm Rachael Beck



**WOODCROFT
ST MARYS**

PH83877047

Formerly trading as
**Chandlers Hill
Physiotherapy**



Physio Appointments

Your appointment is YOUR TIME

We don't double book our clients so you will have your physiotherapist's attention for the entire appointment time. All private appointments are 30min * so that we can provide ongoing assessment, comprehensive treatment and information. We take the time so you understand your problem, your treatment options and results.

** includes documentation time*

First Physio Appt 30min \$80 ; Conc \$70
60min \$122; Conc \$112

At your Initial Appointment, your physiotherapist will assess your problem(s). You will be asked to provide a detailed history and to consent to a physical examination. Your physiotherapist will then be better able to identify effective treatments for you to choose from. Many treatments can provide short term relief of symptoms but careful assessment is necessary to treat the cause of your problem.

Physio Appt 30min \$70; Conc \$60
60min \$112; Conc \$100

You will receive treatment, ranging from "hands on" therapies, electrotherapies, and education in self treatments including home exercises. Each treatment has to be assessed for its effect so key questions and examinations will be repeated. You may need to keep a diary of your symptoms & treatment responses between appointments

Home Visits Consult Fee + \$52 call out fee

We offer a limited home visiting service provided the home environment meets our Occupational Health & Safety Standards.

Rehabilitation

Hydrotherapy 45min \$37.50 ; Con \$32.50

Water based therapy improves strength, flexibility, mobility and fitness. The warm water temperature and buoyancy allow you to work with less pain and more challenge. Participants work on individual exercise programs that address a specific problem. Therefore you must attend an assessment appointment at our clinic before starting your Hydrotherapy and have a review appointment every 4-6 weeks.

Compensable Appointments

- **Work Cover Claims**
- **Third Party Insurance Claims**
- **Dept Veteran's Affairs**

These agencies, limit the scope of your care, your appointment length and total number of appointments. That said, we endeavor to provide you the best quality care within these funding arrangements.

Medicare Programs

If your GP has arranged an TCA, EPC or CDM Program for you please note

-We charge above the scheduled fee

-Concessions Holders are Bulk Billed

Please talk to our reception staff

Classes

\$25/class Con \$22.50
10 Class Pass \$225 Con \$200
Private Health Benefits Apply
Timetables available on request

Pilates Class 45min

Clinical Pilates can be part of your treatment program for any condition that benefits from increased Core Stability Ideal for your wellbeing if you have chronic spinal pain or arthritis

Mums n Bubs Class for pregnant & postnatal women. Babies welcome

POPPY Class for women only

The GOLF Class is for improving your game

Aquanatal Class 45min

This class brings pregnant and postnatal women together to exercise for their fitness, strength, flexibility and postural comfort.

Water based exercise in pregnancy greatly improves sleep and relaxation as well as your readiness for childbirth.

The classes are also a social opportunity for sharing experiences in pregnancy, childbirth, and early parenting.

Water Gym 45min

This class is for people who have completed OUR Hydrotherapy Program and are sustaining the benefits without hands on help from the Hydrotherapy Physio.